

MedPals program

for Monadnock at Home members

With the increasing complexity of medical care, it is often difficult to remember the vast amount of information received during a medical appointment. How often have you returned home and realized that you forgot to ask an important question or were not clear on follow up plans?

If so, MedPals, a new service for Monadnock at Home members, can help.

MedPals are trained Monadnock at Home volunteers who will support members with regard to their medical appointments and follow up care. The MedPal will meet with the member prior to the appointment, and help organize a list of symptoms, questions and goals for the visit. They will also provide a ride, if needed, and attend the appointment as a second pair of eyes, ears and note taker. Finally, the MedPal will clarify that the Member understands all follow-up instructions, medication changes, and/or future tests or procedures.

It is important to note that the MedPals do not replace the role of family or friends, nor become a Power of Attorney, administer medication, provide medical advice or interpretation of issues. This should be done directly with the provider and appropriate formal support or family member.

For questions or more information contact us at 603-371-0809.